



THE PERSONAL PORTFOLIO

What is the Personal Portfolio?

It is a recording mechanism for your daily activities. You will record activities ranging from your school to your religious life, from your athletic life to your organizational life.

Why the Personal Portfolio?

How many times have you felt that your imaan was in good shape and then you were gradually losing it? You can surely make an attempt get back on the path, but you will most likely be confused about what caused that bridge between you and Allah to form cracks. It will be difficult for you to trace the missing pieces. The personal portfolio is designed to make you a good Muslim, kind neighbor, amiable companion, ambitious leader, and a healthy human being all around. You will be able see your activities throughout the weeks and months and track your progress or your digression.

Qur'an Study:

Read at least a minimum of three verses with the translation in English. Also, the commentary of the Qur'an must be read with some thought. If the above criterion is completed then one can place a check in the column of Qur'an Study.

Hadith Study:

Reading a Hadith and putting some thought into the meaning of the Hadith fulfills this column's requirement. Once the reading is complete, write down the number of Hadith studied in the column of Hadith Study.

Islamic Literature:

Write down the number of pages read from an Islamic book or e-book in the column of Islamic Literature. Also, reading any book that has been recommended by MUNA Syllabus should be written down in the column.

Academic Effort:

Write down the number of hours that was spent for the purpose of school or academic development in the column of Academic Effort. Time in school or class does not count but the time spent doing homework or daily study time does count.

Salah:

a) Jamah:

Write down the number of Salah performed in a congregation each day

b) On Time:

Write down the number of Salah performed on time each day but not in Jamah.

Member Contact:

The purpose of member contact is to enhance ones personal and organizational activities. It must be done with complete sincerity and pureness of heart. This contact can be done between any levels of membership in MUNA. The contact is to create sincerity and encourage one another in both organizational and personal development. Also, when there are issues that need to be resolved on personal or organizational level, a member's contact can be used to solve those issues. All contact must be planned and there needs to be an objective for the gathering. In this column, write down the number of Member Contacts you had based on the above criteria.

Fellow or Friend Contact:

Two or more MUNA participants must make a previous arrangement for a "CONTACT". The theme of this contact should consist individual or organizational development. The contact can also be utilized for building relationships between MUNA participants and calling ones' friends towards Islam. In this column, write down the number of Contacts you had based on the above criteria.

Time Towards MUNA/Islam:**a. Da'wah:**

Write down the number of hours that was spent towards da'wah activities for MUNA and or Islam.

b. Others:

Write down the number of hours for all other activities other than da'wah activities that was spent during the day for organizational purposes.

Health:

Eat halal food and do your best to refrain from all haram food. Everyday try to perform some type of physical exercise for physical development. If the above criterion is completed, put a check in the column of Health.

Self Evaluation:

At the end of the day, before going to bed and filling out the portfolio, reflect upon your deeds done throughout the entire day and thank Allah (SWT) for all the good deeds and ask for forgiveness for all the shortcomings. If the above criterion is completed, then place a check in the column of Self Evaluation.